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OCTOBER SERVICES

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| Sun 5 October | 10.30 Morning Worship & Baptism @ St Mark's |
| | 10.30 Harvest Service @ St Luke's |
| Sun 12 October | 10.30 Holy Communion @ St Mark's |
| | 10.30 Holy Communion @ St Luke's |
| Sun 19 October | 10.00 Café Church and All Age Service @ St Mark's |
| | 10.30 Holy Communion @ St Luke's |
| Sun 26 October | 10.30 Holy Communion & Baptism @ St Mark's |
| | 10.30 Morning Worship @ St Luke's |

Sunday Evening's at 6pm St Luke's Worship Service



A Message from The Vicar

Rhythm OF LIFE

Based around seven things that Jesus asked us to do, the diocesan Rhythm of Life invites every individual and every church community to adopt these patterns of holy living, to abide in Christ (John 15) and become more like him. These 'holy habits' can help shape us in our everyday lives.



Prayer



Scripture



Worship



Love



Generosity



Sharing Faith



Rest

Sammi Tooze, who helped develop these resources, will be coming to Scarborough on Monday 13th October for our Deanery Synod at Dulverton Hall from 7pm for refreshments and starting at 7:30pm. This is an open meeting and I'd encourage you to come along to find out more about 'growing a culture of everyday faith'.

God bless you all.

Rev Mike

Rev Canon Mike Cansdale

Vicar of St Mark's, Newby and St Luke's, Scarborough

Eco Church: What's it all about?

Both St Luke's and St Mark's are committed to the Eco Church scheme, with both churches already holding the Bronze award, setting up wildlife gardens, and exploring ways to save energy further. But what does it mean for church members?

Well, the Day Conference and Information Fair being held at St Mark's on Saturday 4th October, from 9.30am to 5pm, will go a long way to answering that question and to helping you see the very important contribution that you can make to caring for creation and hopefully both churches getting the Silver award!

The conference will go into the different aspects of the scheme with a number of inspiring speakers from Scarborough, the Diocese and further afield. We hope that it will be attended not just by our own church members but by folk from other churches from a wide area.

We are charging 'outsiders' £10 for the day, but to members of St Luke's and St Mark's it is FREE! Just let your church wardens know that you'll be coming, please. Don't miss it, it will be a great day!

The Church Wardens

St. Mark's and St.Luke's

St Luke's Harvest Festival Service is on Sunday October 5th at 10.30 am. Donations of dried food, cereals, toiletries, baby nappies etc will be donated to the Rainbow Centre.

The service will be followed by a harvest lunch from 12 noon at the back of church. All are welcome. Please sign up prior to the event at the back of church or see Vivienne Wearing.



Harvest

FESTIVAL

Wish List

Tins

- Chicken
- Steak
- Meatballs
- Tuna
- Sardines
- Spaghetti
- Hot Dogs
- Soup
- Tomato
- Vegetables
- Beans
- Fruit
- Custard
- Rice Pudding

Jars

- Jam
- Pasta Sauce
- Chilli Sauce
- Curry Sauce



And everyone loves a treat!



Dry Items

- Rice
- Pasta
- Noodles
- Cup a Soup
- Mug Shots
- Breakfast Cereal
- Instant Porridge
- Biscuits
- Tea
- Coffee
- Hot Chocolate
- UHT Milk
- Sugar



Thank You!



The Rainbow Centre | Parish House | Castle Road
Scarborough | North Yorkshire | YO11 1TH



SCAN ME FOR INFO



You are invited to

Beyond the Ache Wellness Cafe

**ST LUKE'S CHURCH
STEPNEY DRIVE
5PM - 7PM**

Connect with others
Try out wellbeing activities
Enjoy a relaxed welcoming vibe

**STARTING MONDAY
15TH SEPT**

We are launching a fortnightly
Monday evening space for
anyone
facing health or wellbeing
challenges

**FROM 15 SEPT UNTIL
22ND DEC**

Come one session or all -
but please let us know

**LET'S BUILD COMMUNITY,
SUPPORT EACH OTHER,
AND EXPLORE WHAT
WELLBEING CAN LOOK LIKE -
TOGETHER**

Contact Emma for more info
or to let her know you are
coming along



Contact Emma
emma.teasdale6@nhs.net

SCORE
PRIMARY CARE NETWORK

BEREAVEMENT SUPPORT GROUP meets at St Mark's Church fortnightly on Tuesdays at 6.30pm to 8pm.

Dates are October 7th and 21st and November 4th and 18th.

Facilitators are Dr. Kate Blench, PhD, Humanistic Clinical Practice and Pam Caton, Counsellor.

For further information, please ring Kate on 07981 491 067

**St Marks Toddler Group meet on Tuesdays
at 10am to 11.30 at St. Marks's
Church, to enjoy play and chat!**

This resumes 9th September .

Speak to Rev Pauline for more information



FEEL LIKE SOME COMPANY?

**WHY NOT JOIN US AT THE
DROP IN CAFE FOR**

**CHAT, GAMES,
CAKE AND A CUPPA**



WEDNESDAYS

**2 - 4 pm in St Mark's Church,
Newby, YO12 6SD**

St Mark's House groups and Fellowship.

**Meet on a Tuesday and
Thursday evening. Contact
Don or Hazel on 567323.**



St Mark's Knit and Natter group

**Meets in St Mark's Church Hall on Tuesdays from 1.30
to 3.30pm. For more information please contact Chris
Johnson - 866050**



Men's Breakfast meeting

**Saturday 4th October talk by Julie Hay on being a Prison
Chaplain. Meet at St Mary's Church and Community Hall,
Cloughton 8.30am**

Talk on 1st November from 'Tools with a Mission'

More information from Rev. Don 567323



**CAMEO (Come and Meet Each Other)—Meet every 2 months. Next
meeting will be Saturday 1st November where a talk is to be given
by Denise Wilson from Major Accident Response Team.**

All are welcome. Contact Hazel for details-567323



ST LUKE'S

MONDAY LIVELY LUNCHES

EVERY OTHER MONDAY

excluding BANK HOLIDAYS

October

- Monday 6th Oct
- Monday 20th Oct

November

- Monday 3rd Nov
- Monday 17th Nov

December

- Monday 1st Dec
- Monday 15th Dec



Open from 11.30am until 1.30 pm



St Luke's Worship Group—Meet every Sunday at 6pm at St Luke's Church for fellowship and worship. Everyone welcome

St Luke's Ladies Fellowship are meeting on Tuesday 7th October at St. Luke's Church, at 2pm. A talk will be given by Mark Hancock from Special Send-offs, Funeral Services followed by refreshments .

November 4th there will be a talk about the Victorian Tramway in Scarborough.

New members are welcome . Invite your friends! Please contact Kirsten 07342643325.

Advance Notice

St Nicholas Christmas Tree and Artisan Fair

5th –7th December at St. Mark's. More details to follow

Who's who—St Mark's & St Luke's

<u>Vicar</u>	Rev . Mike Cansdale	RevMike.Scarborough@gmail.com 07723 149222 (day off Friday)
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<u>Curate</u>	Rev. Pauline Giddings	Revpauline.giddings@gmail.com 07386 446741
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Retired Clergy

Rev'd Don Maciver	dmaciver19@yahoo.com	567323
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Licenced Lay Ministers (Readers)

Margaret Arnall	mardot282@btinternet.com	374873
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Hazel Maciver	hazelmaciver@gmail.com	567323
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Pastoral Co-Ordinator

Margaret Armitage-Beattie	mabsand2cats@aol.com	370418
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St Mark's Church Wardens

Trevor King	trevorking3355@gmail.com	375852
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Janice Patrick	japatrik@hotmail.co.uk	07913 743310
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Hall Bookings (St Mark's)

Margaret Arnall	mardot282@btinternet.com	374873
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St Luke's PCC Secretary

Jill Thompson	g.thompson472@btinternet.com	07910050576
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St Luke's Church Wardens

Vivienne Wearing (also for St.Luke's Hall Bookings)	vweir480@btinternet.com	07803592744
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Ken Cook	kenco1945@icloud.com	07592086414
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Parish Office for both Churches open at St Mark's most Wednesdays 2pm to 4pm

Phone: 376834 Email: stmarks.scarborough@gmail.com

stlukes.scarborough@gmail.com